

FOOTHILLS RURAL ASSOCIATION NEWSLETTER

Volume 32 ■ ISSUE 4

OCTOBER 2014

FRA EVENTS CALENDAR

HARVEST FESTIVAL & CHILI FEED

Friday, October 31st
5:30PM

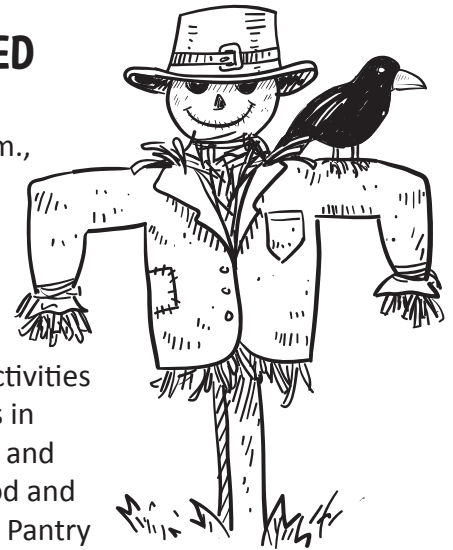
CHRISTMAS PARTY

Friday, December 5th
6:30PM

HARVEST FESTIVAL & CHILI FEED

The FRA will again be serving its famous homemade chili on October 31, 5:30 p.m., at the Community Center. The chili is free, but donations to the FRA Scholarship Fund are welcome!

Across the street the Foothills Church will be hosting a Harvest Festival with activities and games for children of all ages. Dress in your best costume and join your friends and neighbors for this spooky evening of food and fun. Donations for the Community Food Pantry are appreciated.



CHRISTMAS PARTY

The Annual FRA Christmas Party will be held December 5, 6:30 p.m., at the Community Center.

There will be a raffle for a beautiful tree and wreath, generously donated by the Foothills' own Holly Lane Tree Farm on Norman Road. There will also be a gift exchange - bring an inexpensive gift (under \$5), labeled by gender and age appropriateness.



Bring something fun; go home with a surprise! Bring your camera, too, as we expect that Santa will stop by to listen to the kids' Christmas wishes.

FOOTHILLS YOUTH -- JOIN THE FUN

The FRA Christmas Party and the springtime Easter Egg Hunt are both organized by the FRA Youth Committee. Putting these events together is fun and rewarding. While our current Youth Committee members have been doing a great job, it would be wonderful to see new faces on board. If you are under the age of 18, live in the Foothills, and are interested in helping out, contact any Board Member for more information - or come to the Christmas Party and see how it is done!



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Foothills Rural Association

The Foothills Newsletter is published 2 - 4 times a year by the Foothills Rural Association. It is mailed to all known resident addresses in the Foothills area. Send address changes to:

FRA Membership Records
16115 E. Temple Road
Spokane, WA 99217

Editor ■ Mark Friendshuh
fra-newsletter@hotmail.com
208-659-6522

Design by ■ BCi Creative
kim@bcicreative.com
509-465-9775

www.ruralspokane.com

FOOTHILLS SCHOLARS AWARDED

The Foothills Rural Association in conjunction with the Blue Ribbon Circle has awarded a total of \$3000 in scholarships to residents of the Foothills. The Scholarship Committee interviewed the applicants at the Community Center on Wednesday evening, May 21, 2014. Committee members were Mike Britton, Carol Stoll, Linda Wruble, Holly Weiler, Marvin Moore, Marc McIntosh, and Mark Friendshuh.

Recipients of the 2014 Jess Kronquist Memorial Scholarship are:



Joseph (JT) Konrad • JT is the son of Leisha and Eddie Konrad. JT is graduating from Mt Spokane High School this spring where he is the school's top pole-vaulter. He intends to pursue a Industrial Technology -Automotive design program at Western Washington University. He is this year's Blue Ribbon Circle designee. JT was awarded \$500.



Thomas Dederer • Thomas is the son of Brian and Erica Dederer. Thomas has attended Corban University in Salem for one year. His baseball scholarship has also assisted his plans toward his goal of an ethical career. Thomas was awarded \$500.



Stephanie Endicott • Stephanie is the daughter of Patrick and Sheila Endicott and a return recipient. She attended Baylor University in Waco, Texas to study Education. Stephanie was awarded \$500.



Faith Barr • Faith is the daughter of Caroline and Eric Barr. She will graduate from Riverpoint Academy this spring and begin at the University of Idaho next fall to work on her long-term goal to get into medical school. Faith was awarded \$500.



Jessica Endicott • Jessica is the daughter of Patrick and Sheila Endicott and currently attends the University of Idaho. She is studying Landscape Architecture. Jessica was awarded \$500.



Elena Domas • Elena is the daughter of Raymond Domas. Elena will graduate from Gonzaga Prep this spring. She will begin at Western Washington University this fall studying toward a career that she can be passionate about. Elena was awarded \$500.

MYSTERY CROP... SOMETHING ODD IS GROWING by Marc McIntosh

Many people have stopped by Kevin Kaelin's place, across Forker Road from the Foothills church, to ask about the crop being grown on the corner with the flags in the ground. No, it isn't marijuana as a few residents thought it might be. And Kevin hasn't let the field go to weeds. The Kaelins are growing the South American "superfood" quinoa (pronounced "KEEN-wah").

The Kaelins were contacted by the McKay Seed Company of Moses Lake about growing a test plot of quinoa. McKay Seed wanted to see if quinoa could be grown in the cooler temperatures of Spokane, as Moses Lake was too warm. Of all the years to have record high temperatures while doing a test planting. There is a second test plot in Rockford area.

Quinoa is most closely associated with the South American countries of Peru, Ecuador, Bolivia, and Columbia. It is a pseudocereal rather than a true cereal. Quinoa is more closely related to species such as beet roots, spinach, and tumble weeds - which might explain its weedy look.

The recent trend of things being 100% gluten-free has made quinoa much more interesting as a crop. Quinoa can be used by those trying to be gluten-free since it isn't a cereal grain. Quinoa is also high in protein, making it popular with both vegetarians and those eating a high-protein, low-carb diet.

There are over 200 varieties of quinoa and several varieties were planted to see which variety would do best. The crop will be hand harvested later this fall and evaluated shortly thereafter. Who knows we might be growing quinoa in the future in the Foothills.



FOOTHILLS EVENTS BRING NEIGHBORS TOGETHER

Live in the area but don't know your neighbors? Would you like to be more involved in the community?

One of the best ways to meet people and strengthen our community is to attend a Foothills event. Every year the Foothills Rural Association hosts several events to bring neighbors together to share a long tradition of friendship and support. Just like days gone by when rural families relied on each other, the FRA continues the emphasis of building our community by connecting people.

Another way to support our community is to **become an FRA Member**. Annual dues of only \$20 per family help sustain programs, events and information for the Foothills area. See the membership form on the back of this newsletter and join the FRA today. We invite you to actively participate in the Foothills Rural Association. You may just discover something you never expected.

GOOD OLE SUMMERTIME FUN...

The FRA Board got a workout scooping ice cream in July as they served over 200 people frosty desserts. Twelve gallons of ice cream were scooped, more than 22 liters of root beer, orange, and cream soda were poured, and dozens of cones were handed out. The guests also enjoyed burgers and brats served by the Foothills Church, and admired the neighborhood's classic cars. At the end of the day, about a gallon of ice cream remained, which was donated along with a few dozen cones to the hard-working firefighters at Station 96.



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FIRE STATION REPORT

From mid-May to the beginning of October, Fire Station 96 kept busy with 27 calls. The engines rolled on six fires - one cooking fire, and five brush, grass, and forest fires. Two calls were for unauthorized burning - remember to get your permits! The crews were dispatched to four vehicle accidents and nine emergency medical service and assist calls. Five times the call was cancelled or no incident was found at the address. There was also one call for a flammable liquid spill and one call for "odor of smoke." August was the busiest month with nine incidents.

The firefighters also welcomed the neighborhood to their open house in July - hopefully many of you stopped by to say "Thank You!"

BIG GAME RECOVERY...WHO TO CALL

If you see a deer, elk, or moose struck by a car, if fresh, it may be salvaged by the Big Game Recovery Crew. Members are licensed to dispatch still alive animals and to salvage meat later provided to charity.

Please call the Inland Northwest Wildlife Council at 487-8552 between 8 and 5, weekdays -- or Crime Check other hours at 456-2233.

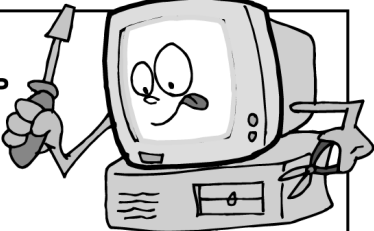
COMMUNITY CENTER RENTAL

Don't forget the Community Center when making your holiday plans! If you are looking for a place to host a get-together that has lots of room, is centrally located, and easy parking, book the Community Center! The charming former schoolhouse has a full kitchen and is very affordable to rent. The holiday season gets very busy, so book early to lock in your date. Contact Sherrie Potter for more information at 927-8532.

DO YOU HAVE A STORY??

The FRA Newsletter is a newsletter for the community, and by the community - we welcome your contributions! If you have something you want to share with the Foothills community - your favorite recipe, a story about your business, a picture of local wildlife - anything related to living or working in the Foothills - contact the editor, Mark Friendshuh, at fra-newsletter@hotmail.com. You can submit a fully written story, or simply your idea for a story. The many voices of the community are what can make this paper interesting for all the readers in the community.

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FRA MEMBER BUSINESS LISTINGS

2BU Youth Ranch	922-1981	<i>Healing through horse training</i>
A Protection Home Inspection	270-0812	<i>Home inspection services</i>
Alpine Frames	922-4825	<i>Custom framing & photography</i>
Anderson Collision	924-2748	<i>Unibody & frame repair. Expert painting</i>
BCi Creative	465-9775	<i>Graphic & web design, screen printing</i>
Britton, Cheryl.....	922-1494	<i>Tole & decorative painting</i>
Crews, Scott J. DDS & Dr. Craig Ellsworth	924-1580	<i>Advanced cosmetic & family dentistry</i>
Dexter, Ethan.....	921-6766	<i>Music teacher, conductor, guide</i>
Ethan The Handyman	994-4378 or 921-6766	<i>Licensed, bonded & insured</i>
Evergreen Powder Coating.....	535-9950	<i>Powder coating & sandblasting</i>
Foothills Suri Alpacas	928-0299	<i>Call for a free farm tour</i>
Holly Lane Tree Farm	928-5970	<i>Christmas trees & wreaths</i>
Humbird, Ashley.....	994-8538 or 927-3046	<i>Piano lessons for ages 6 to adult</i>
Impact Business Products.....	928-8782	<i>Office supplies & cash register supplies</i>
Joel's Lawncare	279-5508	<i>Lawncare Services</i>
Knecht, Allison.....	921-2729 or 475-7126	<i>Licensed massage therapist</i>
Kreider's Western Glove.....	926-2946	<i>Bill Kreider</i>
Melaleuca Products	926-1157	<i>Sheri Boorman - The Wellness Company</i>
Piper Farms	951-4754	<i>Blueberries, blackberries, and more!</i>
Premium Gravel	279-9005 or 993-3130	<i>Express delivery available</i>
R & R Heating	484-1405	<i>Sales, service, installation, repair</i>
Ravenwood	924-5870	<i>Cashmere Goats, yarns & goat milk soaps</i>
Vermillion Water Systems, Inc.....	927-9744	<i>Well drilling & pumps</i>
Wensleydale Computer Service.....	723-8250	<i>David Fisher - Upgrades, tuning & networking</i>
West Towing.....	North 467-2800 / Valley 924-0194	<i>All your towing needs</i>
Yokes Fresh Markets	343-8888	

FRA BOARD MEETINGS

Board meetings are held at the Community Center building on the second Monday of the month. Meetings begin at 7 p.m. and usually end just after 8 p.m. All Foothills residents are welcome and encouraged to attend.

2014 Board Meetings: NOVEMBER 3 / DECEMBER 1

The Foothills Rural Association, 11000 N. Forker Road, was established as a non-profit corporation under section 502(C) (4) of the Internal Revenue Code on December 12, 1983. The purposes of the corporation are to organize the property owners and/or current residents within the boundaries of Fire District 9, Station 6: to provide a forum by which the property owners and/or current residents to assist governmental agencies in better planning the use and resources of the Foothills area: to preserve and protect the rural agricultural environment.

Voting Membership in the Association is open to any property owner or current resident within the Foothills boundaries. Membership dues are \$20 per year. Non-voting Membership is available to others through payment of dues. The Association is governed by elected volunteer officers and a board of directors. FRA Alerts system has been established in an effort to increase community awareness about crime occurring in our area. Residents are encouraged to report ALL crimes to Crime Check, 456-2233. After making a report, please email david@ruralspokane.com or rfkrenkel@ptera.net or call Faye Krenkel, 928-6610.

The Foothills Community Center, 11000 N. Forker Road, which is located adjacent to the Foothills Fire Station, exists as a result of community efforts to save and renovate the former Foothills School Building. The Center, used for many community activities, is maintained and supported by the Foothills Rural Association. It is available for use by members of the Foothills Rural Association for a nominal utilities charge and by non-members for a reasonable rental fee. The Community Center includes complete kitchen facilities. For information or to reserve a date, call: Sherrie Potter, 927-8532.

Foothills Rural Association Website: www.ruralspokane.com
Contact: David Fisher, Webmaster: davidf@ruralspokane.com

2014 Board Officers

President: Mike Britton	922-1494	mbrampton@wildblue.net
Vice-Pres: Mark Friendshuh	208-659-6522	friendshuh@hotmail.com
Secretary: Allison Knecht	921-2729	alicknecht@gmail.com
Treasurer: Don Tucker	370-0731	dat@wwdb.com

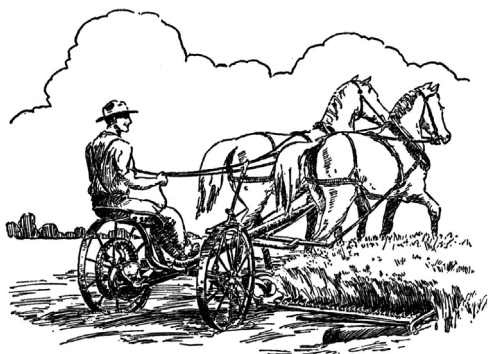
Board Members:

Roger Potter (14)	994-8591	rallenp51@gmail.com
Marc McIntosh(16)	928-6662	thee1mac51@aol.com
Marvin Moore (15)	922-3361	wheatview@icloud.com
John Cannon (15)	922-3454	johne@ptera.net
Karen Feyk (16)	928-0088	kfeyk@hotmail.com
Holly Weiler (14)	921-8928	hmweiler@yahoo.com

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MEMBERSHIP

It's easy to become a member of the Foothills Rural Association. NOW is the time to play an active role in the foothills community. Annual dues of only \$20 will help support programs, events and information for our community.

We are now collecting 2015 dues. Please check your mailing label above - if your label says "Member 2015," you have already paid. If your label does not say "Member" - please join or renew your membership. Your support is essential for this community non-profit organization. Thank you for your continued support.

Please complete the form and mail it with your annual membership dues of \$20 to:

Foothills Rural Association
16115 E. Temple Road
Spokane, WA 99217

NAME: _____

ADDRESS: _____

CITY: _____ ZIP: _____ PHONE: _____

Interested in receiving notices of FRA events via email? YES NO

EMAIL: _____

I am/we are willing to volunteer for one event during the year _____ YES _____ NO

Thank you for being part of the Foothills Community.