

FOOTHILLS RURAL ASSOCIATION NEWSLETTER

Volume 35 ■ ISSUE 4

OCTOBER 2017

FRA EVENTS CALENDAR

Harvest Party / Chili Feed
Tuesday, October 31

**Annual Christmas Party
& Gift Exchange**
Friday, December 8
6:30PM

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RIDDLE ANSWERS: A. EMPTY
B: The fishing trip consists of a grandfather, a
father and a son

The Foothills Newsletter is published 2 - 4
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It is mailed to all known resident addresses in
the Foothills area. Send address changes to:

FRA Membership Records
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Spokane, WA 99217

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www.ruralspokane.com

ANNUAL HARVEST PARTY & CHILI FEED

On October 31st at 5:30 PM, the FRA will be hosting one of its best and most anticipated events of the year... the annual Harvest Party and Chili Feed! A wide variety of mouth-watering chili recipes await attendees, along with hot apple cider, cookies, and other treats. This event is always well-attended and FREE, so come and share in the fall festivities with your family, friends, and neighbors.

FREE CLINIC AT THE FRA COMMUNITY CENTER

Fall is here! That brings colder weather and often aches and pains that we don't experience in the warmer months. Before you reach for the bottle of ibuprofen or Tylenol, did you know the list of possible side effects includes liver and kidney damage? There are natural ways to reduce pain and inflammation, including herbs like Turmeric that you can add into your food.

Did you know you have a Naturopathic Primary Care Doctor with an office in the Foothills Rural Association boundary that also offers house calls? Contact Dr Jason Kinley today at 509-565-7005 to learn more!

Just a reminder that Dr. Kinley also hosts a monthly free clinic for the Foothills community at the FRA community center building on November 18th and December 16th from 4-7PM. This is one of the best-kept secrets in the Foothills! Please pass the word to friends and neighbors who may be in need of affordable medical assistance.

**For more information call
Dr Kinley at 565-7005.**



SUMMER EVENTS & FRA ACTIVITIES



ICE CREAM FLOATS

The Foothills Rural Association hosted its annual Ice Cream Float dessert event in conjunction with the Foothills Church Bar-B-Q and car show on June 29th this year. Great crowds, gorgeous weather, and a festive atmosphere made for a successful evening. Over 200 of our friends and neighbors enjoyed Root Beer and Vanilla Cream floats after their delicious dinners of hamburgers, hot dogs, and side dishes prepared by the Station 96 volunteers.

FOUNDERS DAY PICNIC

Each year the FRA looks for at least one way to celebrate our Foothills founders, and this year it was with an old-fashioned country Founder's Day potluck picnic in July! It was a great night of BBQ Pulled Pork and Ribs, with lots of fantastic side dishes and ice cream for dessert. FRA Board member Ashley Humbird did the low and slow BBQ cooking while a community members brought a wide variety of delicious salads, sides, and other entrees. Holly Weiler broke out some of our favorite historical pictures and slides.


The picnic format for this event was such a success that the FRA is hoping to add it to the list of regular annual activities, so remember to look for more information on our 2018 Founders Day plans in the spring newsletter!



2017 FOOTHILLS SCENIC FIVE FUN RUN



Planning community events far in advance can often be a hit or miss proposition. Sometimes the weather can significantly impact the best laid plans. However, waking up to a rather dreary morning didn't deter participants in this years Foothills Scenic Five fun run and pancake breakfast. Turnout was lower than expected, but fun was still had all around as walkers and volunteers got out to the course bright and early, knowing that huckleberry topped pancakes awaited them at the finish line. FRA Vice President Holly Weiler (pictured) is instrumental in the planning and implementation of the fun run each year. Chances are good that next year's fun run may be moved to the late summer or early fall so keep your eyes peeled for future newsletter announcements and make plans to join the festivities.

**MOUNTAIN VIEW
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CALL FOR DIRECTIONS

JESS KRONQUIST MEMORIAL 2017 SCHOLARSHIPS AWARDED

One of the most important things that the FRA does each year is award scholarships to help support the Foothills community's educational pursuits. This year the Foothills Rural Association in conjunction with the Blue Ribbon Circle awarded a total of \$3,000 in scholarships to residents of the Foothills. The Scholarship committee interviewed scholarship candidates at the Community Center on Friday evening, May 19, 2017. Committee members were: Dawn Keig, Cindy Kaelin, Carol Stoll, John Cannon, and Faye Krenkel. Recipients of the 2017 Jess Kronquist Memorial Scholarship are:



Laurel Weberg

Laurel is graduating from East Valley High School where she has been a very successful participant and leader of the East Valley Chapter of the Future Business Leaders of America, among numerous other activities. One of her former teachers described her as the "real deal". Laurel recently

confirmed she will be heading to Central Washington University in the fall. Laurel is the daughter of Kevin and Gina Weberg. Laurel was awarded \$1,000 and was also recognized as this year's Blue Ribbon Circle designee



Alicia Knecht

Alicia was raised in the Foothills and has a deep love for Spokane and the Foothills community. She has found her passion in service and is currently completing the first year of a two-year Christian Leadership program through Destiny College, part of Destiny Ministries International. For her

second year, Alicia will be based in Glasgow, Scotland and will also be interning with J.A.M. International in the South Sudan. Alicia was awarded \$500.



Kelsey Byus

Kelsey is graduating from Mt. Spokane High School and is excited to be attending Washington State University in the fall to pursue a degree in Physician Assistant Studies. This rigorous program will enable her to pursue her long-term goal of service to others

through education and medical treatment and support related to the dangers of melanoma cancer and other dermatological risks. Kelsey is the daughter of Stacie and Dave Byus. Kelsey was awarded \$1,000.



Michaela Sund

Michaela has been attending Eastern Washington University as part of the Running Start program and will be continuing there in the fall to pursue her interests in Mechanical Engineering and Chemistry. She is also a talented musician and hopes to be able to continue to incorporate as much music

as possible while working on her rigorous academic programs. Michaela is the daughter of Jeff and Jennifer Sund. Michaela was awarded \$500.

RIDDLE ME FUN...

Q: Take away my first letter, and I still sound the same. Take away my last letter, I still sound the same. Even take away my letter in the middle, I will still sound the same. I am a five letter word. What am I?

See Answers on front page



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CALLING ALL FOOTHILLS RURAL ASSOCIATION BUSINESS MEMBERS

If you would like to have a feature highlighting your business and the services you offer for a future newsletter article, please contact the newsletter editor, Steve Keig at 818-7098 so we can include a feature story on your business in an upcoming issue.

WANT TO PROMOTE YOUR BUSINESS WITH A DISPLAY AD? When you pay your annual dues of \$20, we will include your display ad in at least 1 issue per year. MEMBERS...Please support our Foothills businesses and help to build a strong local Community.

STATION 96 STATS JUNE-AUGUST

Our Spokane Fire District Station 96 volunteers were dispatched 13 times over the summer months. Of those, 3 calls were canceled while enroute, 1 call was for unauthorized burning, 6 calls for automobile accidents, 1 for a malfunctioning CO2 detector, 1 false alarm and 1 public service call. As always, thank you to our volunteers for your service to the Foothills.

RIDDLE ME MORE FUN...

Q: Two fathers and two sons go on a fishing trip. They each catch a fish and bring it home. Why do they only bring 3 home?

See Answers on front page



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2BU Youth Ranch	922-1981
<i>Healing through horse training</i>	
All American Home Inspection	998-5395
<i>Home inspection services</i>	
Alpine Frames	922-4825
<i>Custom framing & photography</i>	
Anderson Collision	924-2748
<i>Automotive Repair</i>	
BCi Creative	465-9775
<i>Graphic & web design, screen printing</i>	
Britton, Cheryl	922-1494
<i>Tole & decorative painting</i>	
Durheim Timberworks LLC	954-1918
<i>Jared Durheim</i>	
Express Delivery Gravel.....	279-9005 or 993-3130
Foothills Suri Alpacas	928-0299
<i>Call for a free farm tour</i>	
Holly Lane Tree Farm	928-5970
<i>Christmas trees & wreaths</i>	
Impact Business Products	928-8782
<i>Office supplies & cash register supplies</i>	
Knecht, Allison.....	921-2729
<i>Licensed massage therapist</i> or 475-7126	
Kreider's Western Glove.....	926-2946
Loan Depot, Carla Durheim.....	994-2721
Marcinda Kennels	928-6662
<i>Pet Care and Boarding</i>	
Laura Foster, Mary Kay Consultant	953-0602
<i>Independent Beauty Consultant</i>	
Mountain View Vital Medicine	565-7005
<i>Neuropathic Medicine</i>	
Ravenwood	924-5870
<i>Cashmere Goats, yarns & goat milk soaps</i>	
Wensleydale Computer Service.....	723-8250

FRA BOARD MEETINGS

Board meetings are held at the Community Center building on the second Monday of the month. Meetings begin at 7 p.m. and usually end just after 8 p.m. All Foothills residents are welcome and encouraged to attend.

2017 Board Meetings: November 13 & December 11

The Foothills Rural Association, 11000 N. Forker Road, was established as a non-profit corporation under section 502(c)4 of the Internal Revenue Code on December 12, 1983. The purposes of the corporation are to organize the property owners and/or current residents within the boundaries of Fire District 9 Station 6 to provide a forum by which the property owners and/or current residents can assist governmental agencies in better planning the use and resources of the Foothills area; and to preserve and protect the rural agricultural environment.

Voting Membership in the Association is open to any property owner or current resident within the Foothills boundaries. Membership dues are \$20 per year. Non-voting Membership is available to others through payment of dues. The Association is governed by elected volunteer officers and a board of directors. FRA Alerts system has been established in an effort to increase community awareness about crime occurring in our area. Residents are encouraged to report ALL crimes to Crime Check, 456-2233. After making a report, please email david@ruralspokane.com or rfkrenkel@ptera.net or call Faye Krenkel, 928-6610.

The Foothills Community Center, 11000 N. Forker Road, which is located adjacent to the Foothills Fire Station, exists as a result of community efforts to save and renovate the former Foothills School Building. The Center, used for many community activities, is maintained and supported by the Foothills Rural Association. It is available for use by members of the Foothills Rural Association for a nominal utilities charge and by non-members for a reasonable rental fee. The Community Center includes complete kitchen facilities. For information or to reserve a date, call: Sherrie Potter, 927-8532.

Foothills Rural Association Website: www.ruralspokane.com
Contact: David Fisher, Webmaster: davidf@ruralspokane.com

2017 Board Officers

President: Dawn Keig	808-4076	dawn.keig@gmail.com
Vice President: Holly Weiler	921-8928	hmweiler@yahoo.com
Secretary: Karen Feyk	928-0088	kfeyk@hotmail.com
Treasurer: Mike Britton	922-1494	mbritton@wildblue.net

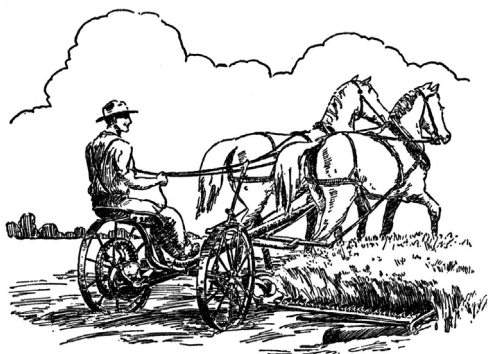
Board Members:

Roger Potter (19)	927-8532	rallenp51@gmail.com
Jason Kinley (19)	565-7005	jkinleynd@gmail.com
Ali Knecht (17)	921-2729	alieknecht@gmail.com
Marc McIntosh (18)	928-6662	thee1Mac51@aol.com
Tommye Schwerin (17)	924-0226	tommye35@hotmail.com
Ashley Humbird (18)	994-8538	ashley.humbird@gmail.com

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MEMBERSHIP

It's easy to become a member of the Foothills Rural Association. NOW is the time to play an active role in the foothills community. Annual dues of only \$20 will help support programs, events and information for our community.

We are now collecting 2017 dues. Please check your mailing label above - if your label says "Member 2017," you have already paid. If your label does not say "Member 2017" - please join or renew your membership. If you have questions about your membership, please contact Tommye Schwerin, membership coordinator, at 924-0226 or tommye35@hotmail.com. Your support is essential for this community non-profit organization. Thank you for your continued support.

Please complete the form and mail it with your annual membership dues of \$20 to:

Foothills Rural Association
12401 N. Peck Rd.
Spokane, WA 99217

NAME: _____

ADDRESS: _____

CITY: _____ ZIP: _____ PHONE: _____

EMAIL: _____

Interested in receiving the FRA newsletter by email? YES NO

I am/we are willing to volunteer for one event during the year _____ YES

I/We would like to be included in the business listing as: _____

Thank you for being part of the Foothills Community.